

Nutrition Education Instructor

Beecher's <u>Pure Food Kids Foundation</u> is a non-profit organization working to empower kids to make healthy food choices for life. Now in our tenth year, we have reached a majority of elementary school students in the greater Seattle area. Our next focus is ramping up our team of Nutrition Education Instructors in New York City to reach the thousands of students there who will benefit from learning how to make healthy food choices. Altogether, we have reached and educated 91,048 students since 2006. There is nothing more rewarding than seeing our kids leave their classrooms full of curiosity about what they eat and the knowledge to make smart food decisions.

ABOUT THE ROLE

We are looking for Part Time Nutrition Food Instructors to educate New York City 5th graders about the importance of whole, natural foods through the facilitation of our <u>Pure Food Kids nutrition and cooking Workshop</u>. This hand's on workshop gives the students the opportunity to cook a wholesome and delicious meal right in their classroom. We design our curriculum to spark the kids' curiosity about the ingredients in their food and to teach and show them how to make positive choices about the foods they eat.

RESPONSIBILITIES

- Facilitate an educational, engaging, and inspiring 2.5-hour nutrition education workshop to NYC students, including cooking instruction and demonstration to students
- Learn curricula, train with senior instructors, and create goodwill through all interactions with schools, teachers, parents, and students involved in the program
- Prepare for workshops
 - Assemble class materials
 - Shop for supplies
 - Clean and care for cooking utensils and supplies
- Administer quizzes to students and submit data to Director
- Instructors will be required to transport, carry, and lift a backpack teaching kit that weighs up to 40 pounds

REQUIREMENTS AND QUALIFICATIONS

- MUST HAVE a minimum of 2 weekdays available during elementary school hours (8am-3:30pm)
- Experience in education or other programs working with youth
- Exceptional classroom management skills (imagine being a substitute teacher!)
- Master curricula and effectively help students meet key learning objectives
- Highly organized, resourceful, and timely with email/phone communication
- Positive demeanor, calm under pressure, high energy
- Embody the spirit of healthy living, have a personal passion for nutrition and value the benefits of whole foods
- Access to subway/bus for transportation to and from workshops

COMPENSATION

- \$150 per workshop
- Please note that this is a part-time position and should not be considered a main source of income
- We provide all workshop materials and instructors are reimbursed for travel and ingredient purchases

Please send your resume and cover letter to Alyson Lenhoff, alyson@sugarmtn.net.

Selected applicants will be interviewed and invited to watch a workshop.

We are hiring on a rolling basis, so apply now!